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Article Occupational heat-related illnesses and injuries in Italy from 2020 to 2022. Results of an analysis of the Italian press carried out as part of the WORKLIMATE project

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Abstract: Exposure to heat is a recognized occupational risk factor. Deaths and accidents at work 18 caused by high temperatures are underestimated. With the aim to detect and monitor heat-related 19 illnesses and injuries, a prototype observatory of occupational events attributable to critical thermal 20 conditions published in Italian newspapers was created. Information was analyzed from national 21 and local online newspapers, using a web application. The analysis was conducted from May to 22 September in the three-year period 2020-2022. Articles concerning 35 occupational heat-related ill-23 nesses and injuries were selected. Almost a third (31.4%) of total accidents occurred in July 2022, 24 testifying the recovery of economic activities following the contraction in the first two years of the 25 Covid-19 pandemic. Fatal heat-related illnesses were the most frequent conditions described. In 26 most cases, workers had been involved in outdoor activities in the construction sector. We gathered 27 all retrieved newspaper articles in a report, to increase awareness of the phenomenon of occupa-28 tional heat-related illnesses among all relevant stakeholders, in order to foster the need for heat-risk 29 prevention strategies in a context such as the current one, in which heat waves are more and more 30 frequent, intense and long-lasting. 31

Keywords: heat-related illness; heat stress; news; occupational injuries; press; workers health; 32 workplace 33

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1. Introduction

Climate change is the primary cause of the increased frequency of extreme weather 36 conditions such as heatwaves, floodings and wildfires [1]. Events such like heatwaves 37 play an important role in population health and studies confirm a general increase in heat-38 related mortality [2-5]. Indeed, a reduced capacity to respond and adapt to extreme heat 39 increase the risk of organ damages, because of the exceeding of the physiological ther-40 moregulatory capacity [6]. Exposure to excessive heat is also a well-known occupational 41 hazard. Workers, under heat stress conditions, appear to be four times more likely to ex-42 perience heat strain, compared to individuals working in an environment with neutral 43 temperatures [7]. Heat-related occupational health risks are exacerbated during activities 44

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Copyright: © 2022 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/license s/by/4.0/). carried out in outdoor sunny environments and in indoor workplaces when lack of ven-45 tilation, a poor cooling system and processes with heat generation do not allow proper 46 regulation of temperatures [8]. Workers in agricultural and construction sectors are 47 among those most exposed, especially those with jobs requiring high levels of physical 48 exertion, the use of personal protective equipment and/or heavy clothes which could pre-49 vent heat loss [9]. Negative health effects arising on account of dehydration and overheat-50 ing, such as sweating, dizziness, poor sleep quality, physical and mental exhaustion with 51 an impairment of reasoning and increased reaction times, may increase the risk of injury 52 [10]. Moreover, short-term heat-related illnesses, such as heat cramps, heat exhaustion 53 and heat stroke, may also arise [11]. Heat stroke, if not adequately and promptly treated, 54 is a fatal condition. Some workers have a greater susceptibility to heat-related illness: fac-55 tors such as pre-existing heart and respiratory diseases, taking certain medications (hypo-56 tensives, diuretics, sedatives, etc.) [12], being pregnant or disabled increase the risk asso-57 ciated with exposure to high temperatures [13]. 58

Heat exposure makes workers a vulnerable population; depending on the work situation, they often don't have the authority to limit exposure time, to find a shady place [14], to organize refreshing breaks, to have constant access to water and, in many cases of undeclared work, they are not covered by employment injury insurance. These occupational conditions make certain categories of workers more subject to the negative effects of heat exposure in the workplace.

A study was conducted in warmer months in the three-year period 2020-2022 as part of the WORKLIMATE Project ("Impact of environmental thermal stress on workers' 66 health and productivity: intervention strategies and development of an integrated heat and epidemiological warning system for various occupational sectors") [15] to assess the use of online newspapers as a source of information for prompt detecting and monitoring of heat-related illnesses in the workplace in Italy, as well as for fostering interventions for the health protection of workers exposed to heat. 71

2. Materials and Methods

News articles regarding the effects of extreme thermal conditions on workers' health 73 published in the Italian daily press during the warm months (May to September) in the 74 three-year period 2020-2022 were quantitatively and qualitatively assessed. The search for 75 articles was set up using a web application accessible via web browser (VALIRIA), that 76 allows the configuration and execution of customized queries to be launched on the 77 Google search engine. The search strategy performed was the following: [("climate change" 78 OR "killer heat" OR "scorching heat" OR temperature* OR "global warming" OR sultriness OR 79 hot OR drought) AND (work OR worker* OR "construction site" OR "day laborer" OR farmer 80 OR company OR tractor OR farming OR garden) AND ("heat stroke" OR accident OR injury 81 OR "sudden illness" OR dead OR die OR fall)]. A daily report of search results was automat-82 ically sent by email to 2 researchers (G.I. and M.L.). The search was conducted in both 83 national and local online newspapers, chosen because of their large readership as assessed 84 by ADS, the association that publishes data on the circulation of the daily and periodical 85 press in Italy [16]. Articles were included if they focused on heat-related illnesses and 86 injuries among workers, directly due to high temperatures' exposure. In addition, a man-87 ual search was conducted every two weeks to verify that all relevant news had been cap-88 tured by the WebApp. Articles with no mention of extreme hot conditions or work envi-89 ronment were excluded. 90

The events were classified as "injuries" in case of traumatic events or as heat-related 91 illnesses, based on the description provided in the article. For each article, when available, 92 information about sex, age, nationality, Italian region in which the accident occurred, la-93 bour sector in which the worker was employed, activity performed right before the event 94 and severity (fatal versus non-fatal) of heat-related illnesses/injuries was collected. The 95 occupational sector of each worker was classified according to the ATECO classification 96 of economic activities adopted by the Italian National Institute of Statistics - Istat [17].

On average, the Web App mail report showed five to thirty daily articles, with detec-99 tion peaks during heat waves. All selected articles were included in a final report that was 100 made available free of charge in the homepage of the WORKLIMATE project website 101 https://www.worklimate.it/ [18, 19]. 102

From May 2020 to September 2022, cases that appeared in newspapers were selected, 103 and, if reported in multiple articles, the event was counted only once. All links to articles 104 in which the incident was mentioned were reported in the final report. According to webbased press and inclusion criteria, 35 workers suffered from health outcomes related to 106 occupational heat stress in Italy in the three-years period considered (Table 1). 107

Table 1. Summary table of heat-related illnesses and injuries occurred at the workplace reported 108 in the Italian national press. Details of published data - years 2020-2022. 109

	Year	Age (years)	Sex	Nationality	Occupational Sector, Activity Region		Event (illness or injury) and Severity	Link to the online newspa- per
1	2020, July	55	Man	Italian	Agriculture and forestry, Gardener	Lazio	Illness, Fatal	http://bit.l y/3ERtz05
2	2020, July	53	Man	Polish	Construction activities, Worker engaged in canal reclamation	Emilia- Romagna	Illness, Fatal	http://bit.l y/3B2RWq G
3	2020, Aug.	36	Man	Romanian	Construction activities, Fiber optic placement	Friuli- Venezia Giulia	Illness, Fatal	http://bit.l y/3B1epU O
4	2020, Aug.	-	Woman	Italian	Public administration, Municipality employee	Tuscany	Illness, Non-fatal	http://bit.l y/3ulSiEQ
5	2021, June	-	Man	-	Construction activities, Worker in a construction site	Apulia	Illness, Non-fatal	http://bit.l y/3B0Vs4P
6	2021, June	-	Man	-	Construction activities, Illness, - Worker in a Apulia Non-fatal construction site		http://bit.l y/3B0Vs4P	
7	2021, June	-	Man	-	Construction activities, Worker in a construction site	Apulia	Illness, Non-fatal	http://bit.l y/3B0Vs4P
8	2021, June	-	Man	-	Construction activities, Worker in a construction site	Apulia	Illness with onset of coma, Non-fatal	http://bit.l y/3B0Vs4P
9	2021, June	38	Man	Italian	Transport and storage, Tanker truck driver	Apulia	Illness, Fatal	http://bit.l y/3UD- MNMR
10	2021, June	27	Man	Mali	Agriculture and forestry, Day labourer	Apulia	Illness, Fatal	http://bit.l y/3VFt- mUC

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11	2021, June	35	Man	Italian	Other service activities, Leafleting	Apulia	Illness, Fatal	http://bit.l y/3it03pY
12	2021, June	-	-	-	Agriculture and forestry, Harvesting of agricultural products	Veneto	Illness, Fatal	http://bit.l y/3VIqpC N
13	2021, June	-	-	-	Agriculture and forestry, Harvesting of agricultural products	Veneto	Illness, Non-fatal	http://bit.l y/3VIqpC N
14	2021, July	42	Man	Ifalian Sicuv i i		Injury (Fall), Fatal	http://bit.l y/3ueoU3B	
15	2021, Aug.	62	Man	Italian	Agriculture and forestry, Forestry worker	Apulia	Illness, Fatal	http://bit.l y/3ug- MWLb
16	2022, May	-	Man	Construction activities,		Illness, Non-fatal	http://bit.l y/3W5Zh0 Y	
17	2022, June	47	Woman	Italian	Water supply; sewerage, waste management and sanitation activities, Ecological worker	Tuscany	Illness, Fatal	http://bit.l y/3Vr97KK
18	2022, June	65	Man	Italian	Construction activities	Lombardy	Injury (Fall), Non-fatal	http://bit.l y/3hx5mV o
19	2022, June	-	Woman	Italian	Public administration, Judge	Lombardy	Illness, Non-fatal	http://bit.l y/3v2wgY 5
20	2022, June	49	Man	Italian	-	Campania	Illness, Fatal	http://bit.l y/3HCP33 X
21	2022, June	45	Man	-	Manufacturing activities	Emilia- Romagna	Illness, Non-fatal	http://bit.l y/3VHT- ldZ
22	2022, July	59	Man	Italian	Agriculture and forestry, Day labourer	Calabria	Illness, Fatal	http://bit.l y/3uTATU z
23	2022, July	-	Man	-	Public administration, Municipal employee	Campania	Illness, Non-fatal	http://bit.l y/3WFUZx x
24	2022, July	-	Woman	French	Other service activities, Model for fashion shows	Sicily	Illness, Non-fatal	http://bit.l y/3VoR481
25	2022, July	20	Man	Albanian	Agriculture and forestry, Day labourer in a greenhouse	Campania	Illness, Fatal	https://bit.l y/3XSDkn p

26	2022, July	54	Man	Romanian	Construction activities, Electrician working on a roof	Liguria	Illness, Fatal	http://bit.l y/3GZVNs n
27	2022, July	61	Man	Italian	an Manufacturing Piedmont activities		Illness followed by head injury, Fatal	http://bit.l y/3BI5R5T
28	2022, July	-	Man	-	Manufacturing activities	Trentino - Alto Adige	Illness followed by head injury, Fatal	http://bit.l y/3Up1fI8
29	2022, July	47	Man	Moroccan	Accommodation and food service activities, Dishwasher	Liguria	Illness, Fatal	http://bit.l y/3V3g83e
30	2022, July	-	Man	-	Transport and storage, Rider	Lombardy	Illness, Non-fatal	http://bit.l y/3FibcTp
31	2022, July	67	Man	-	Construction activities, Worker on a roof	Emilia-Ro- magna	Illness, Fatal	http://bit.l y/3gLhvF W
32	2022, July	-	Man	African origin	Agriculture and forestry, Day labourer in a greenhouse	Campania	Illness, Fatal	http://bit.l y/3XSDkn P
33	2022, Aug.	50	Man	-	Manufacturing activities, Worker in a shed	The Marche	Illness, Non-fatal	http://bit.l y/3uX2Hre
34	2022, Aug.	30	Man	-	Manufacturing activities, Shipyard worker	The Marche	Illness, Non-fatal	http://bit.l y/3uX2Hre
35	2022, Aug.	-	Man	-	Other service activities, Airport baggage loading/unloading		Injury (ankle fracture), Non-fatal	http://bit.l y/3gRO- BUp

Heat-related illnesses were the most reported (n=32; 91.4% of all reported events), 110 with only three being injuries (Table 2). Fatal events were 20, corresponding to 57.1% of 111 all heat-related events. All except one, among fatal events, were caused by heat-related 112 illnesses, the remaining death being ascribed to a fall. 113

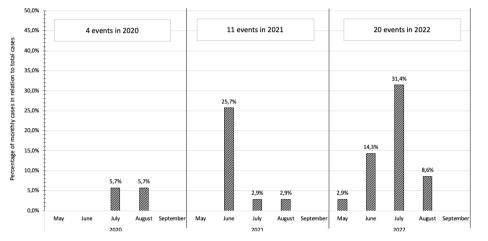
Table 2. Severity of heat-related illnesses and injuries as reported by the Italian online newspapers114in the years 2020 to 2022.115

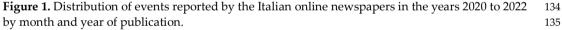
]	Fatal	Nor	n-fatal	Total		
	Ν	%	Ν	%	Ν	%	
Heat-related Illnesses	19	54.3%	13	37.1%	32	91.4%	
Injuries	1	2.9%	2	5.7%	3	8.6%	
Total	20	57.1%	15	42.9%	35	100.0%	

In 26 cases (74.3% of all reported cases) the activities have been carried out outdoors 118and in 9 cases the laborers were working in indoor environments, mainly sheds. For one 119 event, neither the activity nor the occupational sector in which the victim was involved 120 were indicated.

Based on the distribution of events over time, 4 heat-related illnesses/injuries were 122 reported in 2020, corresponding to 11.4% of the events occurred in the three-year period 123 considered (Figure 1). In 2021, 11 accidents were reported (31.4% of events occurred in the 124 three-year period 2020-2022); of these, almost all (n=9; 81.8%) occurred during a heat wave 125 in June. Finally, 20 events (57.1% of events occurred in the three-year period) were re-126 ported in 2022, particularly during heat waves in July, when 11 events were reported (55.0% of events occurred in 2022 and 31.4% of events occurred in 2020-2022). 128

Only one event was reported in hot May 2022 (the hottest ever since 2003, with record 129 drought across many regions), and no events were reported in the month of September in the three-year period. 131





Among the 35 workers involved, 31 (88.6%) were men and only 4 (11.4%) women. Regarding the nationality, 12 (34.3%) were Italian, 8 (22.9%) were of foreign nationality 137 and for 15 workers (42.9%) nationality was not mentioned in the news. 138

Almost half (40.0%) of the events involved middle-aged workers (30-59 years) (Table 139 3). Only 2 workers (5.7%) were younger than 30. No worker was older than 70. The age of 140 12 men and 3 women (corresponding to 42.9% of all workers) was unknown. 141

Table 3. Demographic characteristics (gender, age and nationality) as reported by the Italian online 142 newspapers in the years 2020 to 2022, by age group. 143

Age groups		Nationality						Gender				Total	
	Italian		Foreigner		Unknown		Male		Female				
	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	
<30 years	0	0,0%	2	5,7%	0	0,0%	2	5,7%	0	0,0%	2	5,7%	
30-39 years	2	5,7%	1	2,9%	1	2,9%	4	11,4%	0	0,0%	4	11,4%	
40-49 years	3	8,6%	1	2,9%	1	2,9%	4	11,4%	1	2,9%	5	14,3%	
50-59 years	2	5,7%	2	5,7%	1	2,9%	5	14,3%	0	0,0%	5	14,3%	
60-69 years	3	8,6%	0	0,0%	1	2,9%	4	11,4%	0	0,0%	4	11,4%	
Unknown	2	5,7%	2	5,7%	11	31,4%	12	34,3%	3	8,6%	15	42,9%	
Total	12	34,3%	8	22,9%	15	42,9%	31	88,6%	4	11,4%	35	100,0%	

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Events occurred throughout Italy, except for 5 regions (Aosta Valley, Abruzzo, Mo-145 lise, Basilicata, Sardinia), where no events were reported in the online newspapers. Apulia 146recorded the highest number of heat-related illnesses/injuries in the examined period 147 (n=8; 22.9%) (Figure 2). 148



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Figure 2. Number of occupational heat-related illnesses and injuries as reported by the Italian online 150 newspapers in the years 2020 to 2022, by region. 151

The highest number of events was reported in the construction sector (n=11; 31.4% of 152 all recorded events), followed by agriculture and forestry (n=8; 22.9% of all recorded 153 events) and manufacturing activities (14.3%). Traumatic accidents (injuries) were rec-154 orded in construction activities and for an airport service worker (included in "other ser-155 vice activities") (Figure 3). 156

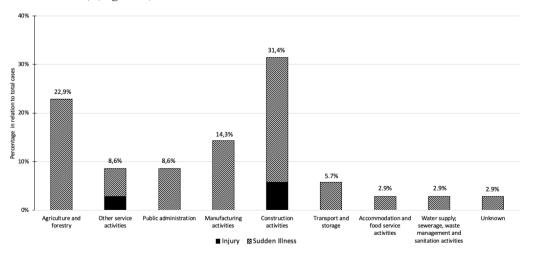


Figure 3. Number of occupational heat-related illnesses and injuries as reported by the Italian online 158 newspapers in the years 2020 to 2022, by occupational sector.

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4. Discussion

Environmental temperatures and the number of heat waves have been increasing 161 each year, and the three years in which we have been conducting the study (2020-2022) 162 are among the warmest on record, according to the World Meteorological Organization 163 [20]. Although exposure to high temperatures is considered an occupational risk factor 164 and the preventive measures to reduce the hazard of developing heat-related pathologies 165 are often easy to implement, 35 events were presented by the Italian press in the consid-166 ered period. Most of the workers involved were males, employed in the construction sec-167 tor and performing their tasks in an outdoor environment, in agreement with the findings 168 from the scientific literatures [21,22]. However, no information is provided regarding 169 prior workers' work experience or individual training levels [23,24] or their degree of heat 170 acclimatization, despite studies reporting that most of the fatalities generally occur during 171 the first week of work in the heat, when the body has not yet adapted to the high temper-172 atures [12, 25]. Our results concerning the occupational sector agree with literature, which 173 establishes a greater risk of injuries during heat waves for outdoor male workers [26]. 174 Although it is well known in the scientific literature that young, less experienced, workers 175 are particularly susceptible to heat-related occupational injuries [27], only two workers 176 were younger than 30 among the reported cases. As with events involving women, the 177 proportion of events in this age group was minimal, since older age groups and men are 178 still more represented among at-risk jobs. In addition to cases reported in Table 1, several 179 additional events indirectly linked to global warming occurred as well. In August 2021 180 two deaths occurred in the agricultural sector. These involved a 30-year-old man who was 181 crushed by a tractor while putting out a fire in Sicily and a 42-year-old man swept away 182 by a landslide while draining water after a flood in Trentino-Alto Adige region. In June 183 2022, in Piedmont (Northern Italy), a 57-year-old man, while burning brushwood, experi-184 enced a heat stroke which resulted in an organ failure that required the man to undergo a 185 liver transplant, whereas in the province of Florence in Tuscany (Central Italy), several 186 healthcare workers were caught sick in the operating room of a hospital due to a cooling 187 system malfunction. In July 2022, due to abnormal heat, an avalanche fell from the Mar-188 molada massif in the Alps (Trentino-Alto Adige), killing 3 mountain guides. 189

The number of heat-related occupational illnesses and injuries reported in the news 190 appreciably increased from 2020 to 2022, so much so that only in the month of July 2022 events observed were numerically equal to those occurred in the previous year.

This trend testifies to the progressive recovery of commercial and industrial activities in Italy after the lockdowns caused by the Covid-19 pandemic.

In the three-year period of observation, only 4 news articles presented the episode 195 describing it as a "heat stroke", and for the events recorded in summer 2022, characterized 196 by particularly intense and long heatwaves, in no case this term was used, while in most 197 of the articles the generic word "malore" (literally, "sudden illness") was found. With the 198 aim of better communicate news to lay people, journalists use more easily understood 199 terms, even if they are not appropriate [28]. Many articles among those emailed daily were 200 excluded, because the events reported were not explicitly associated to the heat by the 201 reporters, even if the circumstances (for example, the time of the day) could suggest a 202 correlation. Even during heat waves, several journalists reported the formula "for reasons 203 yet to be ascertained". This may be caused by the fact that journalists seldom interview 204 the workers involved, or their colleagues [23]. Such a lack of information can cause readers 205 to underestimate the risks associated with heat exposure in the workplace. 206

Unfortunately, it is not possible to correctly identify heat-related occupational ill-207 nesses or injuries in Italian administrative healthcare databases, such as the hospital dis-208 charge records database or emergency records and even in the Italian workers' compen-209 sation authority (INAIL) database [29]. From INAIL data regarding the Tuscany region 210 (central Italy), 30 cases are calculated in the period 2014-2018. Those amount to only 0.02% 211 of the total accidents for claims from all causes calculated in the same period (total 172.739, 212

269 of which fatal) [30]. Instead, an epidemiological study conducted throughout Italy showed an attributable fraction of extreme temperature work-related injuries for outdoor exposure of 0.14% [27], confirming that data from official authorities are probably underestimated. A recent systematic review confirmed that the risk of occupational injuries increases by 1% for every 1°C rise in environmental temperature and by 17.4% during heat waves, when there are several consecutive days with temperatures above the average for the period [31].

The present study has some limitations. Certainly, it was not possible to monitor all 220 newspapers, especially local ones and those requiring a subscription to access. Also, only 221 newspaper coverage data were considered, excluding other mass media tools that drive 222 messages to the public, such as radio programs. Since it was not possible to confirm from 223 press reports the exact date, time and location of the events, a correlation with weather 224 and temperature data was not conducted to verify the climatic conditions of the accidents 225 that occurred in the outdoor environment. 226

Nonetheless, we have showed that the monitoring of newspapers represents a useful 227 tool by means of which it is possible to raise awareness about heat-related illnesses in the 228 workplace among workers themselves and relevant stakeholders, thanks to the strong and 229 extensive information capacity of the media, with the ultimate goal to prompt the imple-230 mentation of heat stress prevention measures in the occupational setting. 231

Given heat stress impact on health [32]. The development of prevention measures is 232 fundamental. The application of preventive measures reduces the risk of health outcomes 233 related to exposure to heat. These strategies are based on clinical evidence [33] and gain 234 improvements through technological elements that assist stakeholders in developing rec-235 ommendations and guidelines. Key prevention and individual protection strategies for 236 workers include [32,33]: stopping and reducing direct exposure to heat, scheduling 237 breaks, taking adequate amounts of water on a regular basis, wearing personal protective 238 equipment as appropriate to the task as compatible with the thermal environment, iden-239 tifying workers susceptible to heat stress who may benefit from a temporary inability to 240 perform work and encouraging mutual supervision among workers [12]. To improve the 241 effectiveness of prevention measures, operational guidance for occupational prevention 242 of risk from physical agents, including microclimate, was issued in Italy in summer 2021 243 [34]. Operational strategies developed as part of the WORKLIMATE project, include a 244 forecasting alert platform that can be used for risk assessment in outdoor work [35]. De-245 veloped based on the Wet Bulb Globe Temperature (WBGT) parameter, it provides work-246 ers with regional and sub-regional maps that show the prediction of heat stress for up to 247 3 days and recommendations to mitigate its health effects. Informational brochures to in-248 form workers on how to deal with occupational risk conditions were also developed [36]. 249 Such interventions have been shown to be effective in reducing the risk of heat-related 250 illness; in fact, a randomized trial verified that in a group that had received an "interven-251 tion package" with behavioral preventive measures, the risk of heat stress was reduced by 252 63% compared to the group not affected by the intervention [37]. 253

5. Conclusions

In conclusion, we have analyzed how media represent the workplace, and in partic-255 ular problems and risks associated with it. Media outlets can emphasize some significant 256 aspects over others, influencing public opinion's understanding of the problem [23]. How 257 critical public health issues, such as heat-stress-related injuries and illnesses among work-258 ers, are framed in the media is the basis for informing the public about hazards [38]. As 259 discussed by Wakefield et al., the presentation of an event "diagnoses, evaluates and pre-260 scribed solutions to social problems" [37]. The authors of the study consider the events 261 published in newspapers as reports that, in a very short time, can bring to the attention of 262 official bodies, public opinion and workers themselves the phenomenon of injuries and 263 fatalities due to heat in the workplace. In fact, official statistics on occupational accidents 264 are updated not as often as needed. In addition, newspaper articles can convey prevention 265

messages that, can help undertaking positive changes towards minimizing high-risk be-266 haviors [40]. In the case of Italy, following the death of a young agricultural worker in 267 2021, an ordinance by the Governor of Apulia ruled that no work was allowed in the fields 268 from 12.30 to 4.00 pm until the end of August, and cited the heat stress forecasting system 269 for the initial screening of risks among outdoor workers developed in WORKLIMATE. In 270 fact, agricultural work was banned for the days forecasted as "high risk", based on the 271 results of the project. In that same year three other southern Italian regions, Basilicata, 272 Calabria and Molise, took the same measure and in 2022, the ordinances were re-enacted. 273

The aim of the working group is to extend the monitoring of heat-related injury news coverage to social networks such as Twitter or Facebook in the near future. 275

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